



*St Elizabeth's Catholic Primary School
Newsletter
Bringing alive our Core Values of
'Charity, Service, Humility and Compassion'*



Term Two Week Three
18 May 2018

Our School Prayer

Dear Jesus

*Saint Elizabeth brought care to the sick, food to the hungry and hope to those in need.
Grant us the blessing that we may follow in her footsteps with love and joy in our hearts,
to always be faithful and to serve with humility and compassion.*

Amen

NAPLAN Testing

Blessings to Jasmine Calley, our year three teacher who approached the NAPLAN week with a positive attitude calming the year three students. Thank you to our parents for the healthy meals and early nights. The majority of the students feel very positive and that they have done very well. This is all we can ask of them – to do their best! Congratulations to our year three students for feeling positive and trying your best.

Wednesday 9 May -Year One Liturgy

I believe the year one students were very prayerful during their Liturgy. God bless you all. Thank you Jade and Lea for preparing the children. Their Liturgical theme was all about families; Jesus' family, St Elizabeth's family and their own family. Let us pray to Jesus and ask Him to keep all our families safe.

Friday 18 May – Pre Primary Assembly

Wow! Kim Manov really pushed the boundaries for our pre-primary students – singing, speaking on the microphone, Auslan and explaining the graph the children had completed on with different ways they come to school. What an amazing amount of things to remember and do. We were all very proud of them. Thank you also to Katie and Allison for your support in the pre primary class. An amazing turn out of parents and grandparents – our biggest audience since Christmas. The children are so excited when their parents and grandparents come along to see them perform.

Walk to School Day!

Well done to all those who were able to put on their walking shoes for 'Walk to School Day.' I appreciate that it is difficult with very young children. All the children received a sticker after the teachers spoke to them about the road rules and keeping safe. We had two mums pushing prams and joining in on the Walk to School Day. Well done Trish and Mel!

RAC Little Legends

Today, Monday, 21 May we followed up the Walk to School Day with the RAC Little Legends Incursion which was all about keeping safe when walking on the footpath or crossing the road. The children were very knowledgeable; however, I wouldn't encourage you to put it to the test just yet! It is considered appropriate when your child is ten (10) years old to be able walk on the footpath without holding your hand.

Parents' and Friends Association – Parish Morning Tea 9:00am Sunday, 3 June.

St Elizabeth's CPS Parents' & Friends Committee in consultation with Father John, will be holding a morning tea at St Anthony's Church. We are hoping many of our families will make some delicious cakes or volunteer time to help set up, serve and tidy-up. Please note mass is at 9:00am. If you would like to support this and "give back" to the event, please call Belinda Stewart on 0412 584 031.

Heads Up - Parents' and Friends Association- Lap-a-thon

9:00am, Wednesday, 27 June is the proposed date for our Lap-a-thon. This is really a fun activity for the children to encourage exercise as an important part of our healthy lifestyle. We have organised the lap-a-thon at the end of the term in the hope we have fine weather, otherwise we will run it early in term three. Your pledge forms will be sent home tomorrow in the children's communication bags for you to start asking family and friends to donate. All money raised will go towards buying new Science Equipment and Resources.

Belinda Stewart
President

Up Coming Dates

Wednesday, 23 May	2:20pm Year Three Liturgy
Friday, 25 May	Parents & Friends Dinner- Casino
Saturday, 26 May	Parents & Friends - Conference
Monday, 28 May	5:30pm P&F Meeting in the Staffroom, all welcome!
Wednesday 30 May	6:00pm School Board Meeting
Friday, 1 June	8:45am Year Two Liturgy
Monday, 4 June	(Public Holiday - WA Day)

A Few Thoughts!

I appreciate there is an awful lot of talk about school matters, and of course we think we know what is going on because we heard it to be true. This chatter is OK if it is general chatter however if it is negative talk about individual children, families or staff members then according to our Code of Conduct this is heartbreaking.

St Elizabeth's Catholic Primary School aims to develop among our student's beliefs in the value of;

- * A personal commitment to Christ, Gospel values and the Catholic Faith.
- * Prayer in their daily life - both spontaneous and formal.
- * Their own abilities and qualities and acceptance of their limitations.
- * A caring attitude towards all people.
- * Love and respect of family life.
- * Being honest and truthful.
- * Taking and accepting responsibility for their actions.
- * Respecting others and their property.
- * Expressing their emotions in an appropriate manner.
- * Respecting their own culture and that of others.
- * Using leisure time in an enjoyable and constructive manner.
- * Appreciating and caring for the natural environment.

Our school philosophy states; "We believe in the importance of developing each child to be confident and independent learners while supporting their emotional and social growth. We believe children need to develop persistence and resilience when facing challenges.

We believe in fostering an open and welcoming partnership to strengthen relationships, a sense of belonging with home, school, parish and the wider community. We believe that parents/guardians are the first educators and we value strong partnerships between our families and educators. We believe in supporting the role of parents through open and respectful communication.

We believe in and value children's family and cultural backgrounds. School practices and learning programs accept and nurture cultural diversity, beliefs and practises within our school and the wider community.

We believe in providing a learning community that delivers educational excellence with strong foundations in literacy and numeracy and fosters the desire to develop/become lifelong learners. We believe children should be inspired and engaged learners who are willing to take risks.

I'm hoping you agree with these statements because this is about our community and we want you to be positive partners with us, the staff in your child's education, remember they learn so much for you in all that you say and do not say, and the actions you do.

A few tips about social development

There are a number of reasons why children vary in the way they express and manage their emotions. These variations may be due to events that impact on children and families at times, such as severe or chronic illness, trauma, or difficult social circumstances. Variations in children's emotional expression may also be influenced by specific family or cultural values and by differences in children's temperaments.

Children learn different ways of expressing emotion based on what is regarded as normal within their family and culture. Some families and cultures encourage children to express a range of emotions while other families encourage children not to display certain emotions, such as anger or pride. These differences also influence the ways children learn to regulate their emotions.

Learning to regulate emotions is more difficult for some children than for others. This may be due to their particular emotional temperament. Some children feel emotions intensely and easily. They are more emotionally reactive and find it harder to calm down. Some of these children react to frustration by getting angry. They may act impulsively and find it hard to control their emotions. Some children who are emotionally reactive get anxious more quickly and easily than other children. It is often difficult for children with anxious temperaments to develop strategies to manage their fears. They often try to avoid situations that worry them.

Usually by five years of age a child's social development begins to reach new levels. This is a point in time when most children will spend more hours in a day with other children than with their parents. The children thrive on friendships, want to please friends and often want to be like their friends. They are beginning to recognise power in relationships and will recognise children who display mean behaviour and will also display this behaviour.

If you would like to attend a seminar and have the school organise a session with Maggie Dent, please let me know or visit her Website <https://www.maggiedent.com>. The Government of WA – Dept. of Health has the Triple P – Positive Parenting Program. Website; health.wa.gov.au/Triple-P Telephone: 1300 550 879

May God keep us safe in the palm of his hand'

Carmel O'Shaughnessy

Carmel O'Shaughnessy
Principal